Do I have Measles???

Signs and Symptoms of Measles

Symptoms start 7 to 14 days after exposure (average 10 days)

First Symptoms:
- high fever (> 101.1), lasts 4-7 days
- cough,
- runny nose (coryza), and
- red, watery eyes (conjunctivitis).

2 to 3 Days Later:
- Tiny white spots (Koplik spots) may appear inside the mouth.

3 to 5 Days Later:
- A rash starts. Flat red spots appear on the face at the hairline and spread downward to the rest of the body.

https://www.cdc.gov/measles/about/signs-symptoms.html
https://www.nprillinois.org/post/measles-outbreak-sparks-healthy-debate-about-vaccines#stream/0
I think I have Measles. What do I do next?

• Check if you have had your two MMR vaccinations.

• Call Campus Health Services, 502-852-6479, and let them know you are concerned you have measles. Please talk with the staff about your symptoms. We will make special arrangements to have you evaluated.

• **DO NOT GO TO ANY DOCTORS OFFICE OR CLINIC WITHOUT CALLING THEM FIRST!!**
  • Measles is airborne and very, very contagious. You will put others at risk, if you are not cautious and follow the plan to be evaluated.
  • **90%** of the people close to that person who are not immune will also become infected.

• Wear a mask or facial covering until you come to the back door of the clinic where you will be given a special mask.

[https://www.cdc.gov/measles/about/transmission.html](https://www.cdc.gov/measles/about/transmission.html)
[https://www.cdc.gov/measles/hcp/index.html](https://www.cdc.gov/measles/hcp/index.html)
Is Measles really a big deal?

**Remember:** 90% of the people close to that person who are not immune will also become infected.

- Common complications from measles include ear infections, bronchitis, pneumonia, and diarrhea.
- Healthy children can become sick enough to require hospitalization.
- One out of every 1,000 measles cases will develop acute encephalitis, which often results in **permanent** brain damage.
- One or two out of every 1,000 children who become infected with measles will **die** from respiratory and neurologic complications.
- Subacute sclerosing panencephalitis (SSPE) is a rare, but **fatal** degenerative disease of the central nervous system characterized by behavioral and intellectual deterioration and seizures that generally develop 7 to 10 years after measles infection.

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