

# UofL Healthcare Readiness Checklist



More info at [louisville.edu/campushealth](http://louisville.edu/campushealth) and [louisville.edu/healthpromotion](http://louisville.edu/healthpromotion)

*Supporting students' academic and personal success through wellbeing, resilience, and safety.*

**Medical Appointments:** Belknap Campus 502.852.6479 Health Science Center 502.852.6446

- Immunizations: All incoming freshmen are required to provide records and be complaint with required immunizations. We also strongly recommend these vaccinations to all students!**

#### **Required for Freshmen (Recommended for all students):**

- TDAP: 1 dose of Tdap vaccine (Tetanus, Diphtheria and acellular Pertussis) within the last 10 years.
- MMR: 2 MMR vaccine (2 doses Measles, 2 DOSES Mumps and one dose Rubella if administered separately); OR positive MMR Antibody Titers; OR physician documented disease history.
- Hepatitis B: 3 doses vaccine; OR Positive Hepatitis B Surface Antibody; OR physician documentation of active disease with Hepatitis B Surface Antigen.
- Varicella: 2 doses vaccine OR positive Antibody Titer OR physician documented disease history.
- TB Screening Questionnaire: All incoming students are required to be screened TB through a questionnaire. Only those students with identifiable risk factors for tuberculosis, including coming from a high risk country, will require additional testing.
- Meningococcal vaccine: 1 dose of Meningococcal vaccine (Menactra or Menveo) at age 16 or older, regardless of doses received prior to age 16.

#### **Recommended for all students:**

- Influenza: annual influenza vaccine is free to UofL students each fall
- Hepatitis A: 2 doses vaccine
- HPV Vaccine
- Meningitis B: new vaccine in 2014. Trumenba (3 dose series) or Bexsero (2 dose series)

Visit [www.louisville.edu/campushealth](http://www.louisville.edu/campushealth) for information on how to submit your vaccination records.

- AlcoholEdu and Haven**

- All incoming undergraduate students must complete BOTH AlcoholEdu (up to age 21) AND Haven (all ages) prior to arriving on campus. Instructions will be sent to students' UofL email account.
- More information at: [louisville.edu/campushealth/alcoholedu-haven](http://louisville.edu/campushealth/alcoholedu-haven)

- Primary Care Health Fee (PCHF)**

- The \$150 PCHF provides a safety net for students. IT IS NOT INSURANCE!
- Office visits at Campus Health are covered by this fee. Other procedures, labs and services may be discounted. See the [CHS web site](#) for details.
- Students with high deductible and/or out of network medical insurance policies may benefit from paying the \$150 fee.
- Students may waive the PCHF via ULink with proof of insurance. Waivers apply for one academic year.

- Health Insurance**

- Students are expected to have ACA compliant health insurance.
- Go to [louisville.edu/campushealth](http://louisville.edu/campushealth) for information on the UofL Student Insurance Plan which may be purchased by all students
- If student has health insurance from another carrier: check that CHS providers are in network.
- Students should carry insurance ID (or photo of both sides) with them at all times.

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**Pre-College Comprehensive Health Exam**

- CHS recommends a comprehensive health examination by your current healthcare provider before heading to UofL.
- Obtain immunization records to submit to Campus Health (**required for freshman**).

**Allergy Injections**

- As a convenience to students, UofL CHS administers allergy injections with orders from a student’s allergist. Complete instructions on establishing allergy care can be viewed at: <http://louisville.edu/campushealth/services/medical-care/allergy-shots>
- Students must schedule an appointment with a CHS provider before their first injection at CHS.
- Vials must be sent directly to our clinic from your allergist’s office.

**Medical Records and Prescriptions**

- Students who choose to access care at CHS should have a record of all allergies, chronic health conditions and medications.
- Medical record release forms are available at <http://louisville.edu/campushealth/information/forms>

**Minor Consent Form**

- If the student will be under the age of 18 when he/she arrives on campus, complete the minor consent form found at [louisville.edu/campushealth/files/minor-consent-form](http://louisville.edu/campushealth/files/minor-consent-form).
- **Drop off this form to the clinic during orientation or mail the notarized original to:**  
 University of Louisville Campus Health Services  
 215 Central Ave. Suite 110  
 Louisville, KY 40208

**First Aid Supplies**

- Put together a clearly-marked container that contains band-aids, antibiotic cream, acetaminophen, ibuprofen, cold medications, digital thermometer and chemical cold pack for personal use at UofL.

**Sign up for the UofL Alert System** to receive e-mail and/or text alerts at: [louisville.edu/alert](http://louisville.edu/alert)

**All students** should review their rights and responsibilities under **Title IX** at the PEACC website: [louisville.edu/peacc](http://louisville.edu/peacc)

**Know the locations of and resources provided by:**

- **Campus Health Clinics** at two locations: Cardinal Station/Belknap and the Health Sciences Campus: <http://louisville.edu/campushealth>
- **Health Promotion Wellbeing Central** <http://louisville.edu/healthpromotion>
- **PEACC Center:** <http://louisville.edu/peacc>
- **BRICC Coalition:** <http://louisville.edu/bricc>



**Subscribe to the Wellbeing SPARK** to stay current with opportunities to connect with resilience-building, safety and campus health happenings. Sent bi-monthly directly to your email. Subscribe at: [healthpromo@louisville.edu](mailto:healthpromo@louisville.edu)

