



# Cardinal Splash Swim School

Hello All!

For those of you who don't already know me, my name is Alexandra Millson and I am the new Cardinal Splash Swim School Coordinator. As a previous competitive swimmer for multiple USA teams and an experienced swim coach, I'm excited to be taking on program director of Cardinal Splash. After my first session of swim lessons, I have learned so much and have decided to make a few minor changes to make sure the next session runs smoothly and effectively!

First, the biggest change this year is within the registration process. In order to register you must attend one of the registration sessions held at the natatorium. If you are unable to attend you must arrive an hour early on the first day of lessons and register for any remaining spots. I have provided plenty of opportunities in the upcoming weeks to stop by the natatorium to sign up. There are weekend and weekday options so that everyone can come at a suitable time for their schedule. With email registration there was a lot of chaos on the first day of lessons that cut into valuable class time. With this new process the first day of lessons will be less hectic and our instructors will be able to use the full time teaching important swimming skills. Registration and Release Forms are available in printable formats on the website and will also be available at registration if you don't have access to a printer.

We will also be offering a fourth day of lessons for this Fall Session II. With growing numbers of participants we have added an afternoon session on Mondays from 12-2 for younger swimmers, home school students, and adults. Anyone is welcome to come to these classes, we just added it to help with congestion of evening lessons and Sunday afternoons.

Another change that has been made has been an addition of extra instructors to each day to help with engagement of all swimmers. These additional instructors will be working with the larger classes so that students aren't sitting on the wall for extended periods of time while one on one attention is administered to another swimmer. Instead these instructors will be implementing the skills each student learns and helping them practice while they wait their turn.

Lastly, all bags and tags will be handed out at the end of each session as a congratulatory prize to each student as they complete their session of lessons. The tags will also represent which level the move up to in order to help with the registration process. Remembering what level you or your child is always difficult because there are so many levels within our program.

I appreciate your consideration in these changes and I'm looking forward to the next session. Thank you all for your patience!

Go Cards!

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