Health and Sport Sciences

The mission of the Department of Health and Sport Sciences is the development and preparation of individuals to be future leaders in a variety of urban settings, including secondary schools, public and private corporations, and government agencies.

The Department of Health and Sport Sciences prepares and trains professionals in physical education, sport management, exercise physiology, and health promotion. The department fulfills its mission by providing academic instruction at the bachelors, masters, and doctoral levels and by conducting theoretical and applied research.

Degree Programs

The department offers a Bachelor of Science in Health and Human Performance with concentrations in:

- **Exercise Science** - Prepares students for jobs in wellness programs, corporate fitness programs, health and fitness club industry, and sports medicine clinics. Graduates can build an exemplary base for post-graduate education careers in medicine, dentistry, chiropractic services, physical therapy, occupational therapy, athletic training, or as a physician’s assistant. Graduates are able to work in cardiac rehabilitation clinics, perform personal training, some athletic training, and strength and conditioning training.

- **Physical Education Teacher Preparation and School Health Education** - Prepares students for careers in classroom teaching. Students completing this concentration and who maintain a 2.75 cumulative GPA will be eligible to apply for the one-year UofL Master of Arts in Teaching (MAT) program in Health and Physical Education to pursue a K-12 teacher certification in Physical Health Education. Additionally, there is a Physical Education (Non-Teacher Preparation) track option to the Health and Human Performance degree. Students who pursue the Physical Education track option can work in jobs with nonprofit programs or parks and recreation programs where teaching or coaching is required.

- **Bachelor of Science in Sport Administration** - Prepares students for careers in the sport business industry. The program uses experiential learning in the forms of internships, volunteer opportunities, and real-world student projects to immerse students in the sport industry world. There are many career opportunities, including high school and intercollegiate athletic administration (marketing, compliance, event management, development, etc.), coaching, recreational sport outlets (e.g. Louisville Sports Commission), and corporate sports (e.g. Adidas, Louisville Slugger).

State-of-the-Art Facilities

The Department of Health and Sport Sciences maintains three laboratoriaies, including:

- Fitness Conditioning
- Exercise Physiology
- Psychophysiology Research

For More Information

Call: 502.852.5597
Visit: uofl.me/health-sport
Health & Human Performance / Sport Administration

General Education Requirements
31 Hours - HHP
40 Hours - SPAD

Programmatic Requirements

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>HSS 181 - Academic Orientation</td>
<td>1</td>
</tr>
<tr>
<td>HSS 101-167 – Physical Education Activity Courses</td>
<td>2</td>
</tr>
<tr>
<td>HSS 184 – Healthy Lifestyles I (HHP)</td>
<td>3</td>
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<tr>
<td>HSS 184, HSS 310, or HSS 293 (SPAD)</td>
<td>3</td>
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<td><strong>TOTAL: 6</strong></td>
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To view a complete list of courses for each program, please view the Undergraduate Catalog at louisville.edu/undergraduatecatalog. To review the proposed Flight Plans, please visit louisville.edu/flightplan.

*This is intended only as an overview of the program and not intended to replace advising or the catalog. Subject to change before your enrollment.

The University of Louisville is accredited by the Commission on Colleges of the Southern Association of Colleges and Schools (SACSCOC). For more information - louisville.edu/accreditation.

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