

**Sarah E. Tucker, Ph.D.**  
Clinical Assistant Professor  
University of Louisville  
Department of Counseling & Human Development  
College of Education and Human Development  
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## EDUCATION

- Ph.D. Counselor Education and Supervision** 2017  
University of Louisville, College of Education & Human Development
- Dissertation: *Stigma of Mental Illness and Multicultural Counseling Self-efficacy: Investigating the Implications of the Multicultural Training Environment, Mental Health Literacy, and Empathy*
- M.Ed. Counseling and Personnel Services** 2012  
University of Louisville, College of Education & Human Development
- Council for Accreditation of Counseling & Related Educational Programs (CACREP) Accredited Program
  - Outstanding Research Presentation Award, Educational and Counseling Psychology (School Counseling)
- B.S. Art** 2003  
University of Louisville, Hite Art Institute
- B.A. English** 1986  
Bellarmine University, Louisville, KY

## PROFESSIONAL CREDENTIALS

- Licensed Professional Clinical Counselor, Kentucky** 2019  
License number 248305
- National Certified Counselor** 2019  
NBCC ID 1137506
- School Counselor, Kentucky, Standard Certificate, Rank I** 2012  
Certificate number 201113601
- Certified Alcohol and Drug Counselor (CADC), Kentucky** 1995 – 2006

## UNIVERSITY EXPERIENCE

- University of Louisville, Department of Counseling and Human Development**
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| Assistant Department Chair                                     | Fall 2023 – Present   |
| Program Coordinator, Clinical Mental Health Counseling Program | Spring 2022 – Present |
| Clinical Assistant Professor                                   | Fall 2020 – Present   |

<b>University of Louisville, Department of Counseling and Human Development</b> Adjunct faculty, ECPY 629: Theories and Techniques of Counseling and Psychotherapy	Spring 2020
<b>University of Louisville, Department of Counseling and Human Development</b> Adjunct faculty, ECPY 611: Learning Systems: Theory & Practice	Spring 2020
<b>University of Cincinnati, College of Education, Criminal Justice, and Human Services</b> Guest Lecturer, CNSL 8012: Leadership in School Counseling	Fall 2015
<b>University of Louisville, College of Education and Human Development</b> Graduate Assistant, Office of Educator Development and Clinical Practice	2012 – 2015
<b>University of Louisville, College of Education and Human Development</b> Supervisor, Master’s Level School Counseling Students	2014 – 2015
<b>University of Louisville, College of Education and Human Development</b> Doctoral Internship (Teaching), ECPY 650: Group Process and Practice (experiential portion)	Fall 2014
<b>University of Louisville, College of Education and Human Development</b> Guest Lecturer, EDAP 604: Special Problems or Field Experience in Curriculum Development	Fall 2014
<b>University of Louisville, College of Education and Human Development</b> Teaching Assistant, ECPY 627: Leadership & Professional Orientation to School Counseling	Spring 2014
<b>University of Louisville, College of Education and Human Development</b> Teaching Assistant ECPY 630: Theories and Techniques of School Counseling	Fall 2013
<b>University of Louisville, College of Education and Human Development</b> Teaching Assistant, ECPY 674/684: School Counseling Practicum and Internship	Fall 2012

## COUNSELING EXPERIENCE

<b>Archdiocese of Louisville, Holy Spirit School, Louisville, KY</b> Counselor, Administrative Team Member	2018 – 2020
<b>Archdiocese of Louisville, St. Raphael Catholic School, Louisville, KY</b> Counselor, Administrative Team Member	2015 – 2018
<b>Society of St. Vincent de Paul, Louisville, KY</b> Program Manager, St. Jude Women’s Recovery Center	1997 – 1999
<b>Seven Counties Services, Inc., Louisville, KY</b> Counselor III, Jefferson Alcohol and Drug Abuse Center	1990 – 1994, 1995 – 1997

## OTHER EXPERIENCE

<b>Archdiocese of Louisville, St. Francis of Assisi School, Louisville, KY</b> Instructional Assistant, Middle School	2010 – 2011
<b>Eichhorn Stained Glass, Inc., Louisville, KY</b> General Manager, Designer	2001 – 2010

## PUBLICATIONS

- Mier-Chairez, J., Arellano, B., Tucker, S. E., Marquez, E., & Hooper, L. M. (2019). Theoretical, empirical, and practice literature on language brokering: Family, academic, and psychological outcomes. *Journal of Human Behavior in the Social Environment, 29*(7), 840-860. doi:10.1080/10911359.2019.1621791
- Tucker, S. E., & Hooper, L. M. (2018). *Stigma of mental illness and multicultural counseling self-efficacy*. Manuscript in preparation.

## PRESENTATIONS

- Tucker, S.E. (2023, March). *Stigma of Mental Health*. Presented to the Presbyterian Mission Agency (PMA) of the Presbyterian Church USA, as the guest speaker for the National Alliance on Mental Illness (NAMI) Louisville presentation on addressing stigma of mental illness in the workplace.
- Tucker, S.E. (2019, September). *The elephant in the (class)room: Stigma of mental illness*. Presented at the Kentucky School Counselor Association Conference, Lexington, KY.
- Cunningham, N.J., Williams, J., Williams, Y., & Tucker, S. E. (2012, October). *Using your power for good: Reframing bullying in middle school*. Presented at the Kentucky Counseling Association Conference, Louisville, KY.
- Tucker, S. E. & Duncan, S. (2012, October). *Mindfulness in P-12 education: Supporting change from the inside out*. Presented at the Kentucky Counseling Association Conference, Louisville, KY.
- Dewell, J., Lee, K. A., & Tucker, S. E. (2012, September). *Animating research in counselor education: Necessary to make the field sufficient*. Roundtable presentation at the Southern Association for Counselor Education and Supervision Conference, Savannah, GA.
- Tucker, S. E. & Duncan, S. (2012, March). *The use of mindfulness in P-12 school settings*. Presented at Kentucky School Counselor Association Conference, Lexington, KY.

## PROFESSIONAL AND COMMUNITY SERVICE

<b>Founding Coordinator, <i>Seeing the Invisible: Perspectives of Mental Health</i> art show</b> Presented at Actors Theatre of Louisville, supporting NAMI Louisville	September 2023
<b>NAMI Louisville (National Alliance on Mental Illness)</b> Youth Advisory Council – Advisory member	2018 - Present

**Metro Louisville, Center for Health Equity** 2014 – 2015  
Healing Possible Quorum and development of the initiative *Racial Equity Through Policy & Assessment*

**College of Education and Human Development, University of Louisville**  
• Planning and Budget Committee – Member 2020 – 2022  
• Research and Professional Development Committee – Member 2022 - Present

**Department of Counseling and Human Development, University of Louisville**  
• CACREP Initial Program Accreditation Team (Student Member) 2012 – 2013  
• Faculty Search Committee, School Counseling Program Faculty (Student Member) 2012 – 2015  
• Faculty Search Committee, Cardinal Success Program Post-Doctoral position 2020 – 2022  
• Faculty Search Committee, Clinical Mental Health Counseling Program 2022  
• CACREP Re-accreditation Team – Member 2020 - Present

### **AFFILIATIONS**

Association for Counselor Education and Supervision Member  
American Counseling Association Member  
Kentucky Counseling Association Member