

Amanda M. Mitchell, PhD

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EDUCATION

- 2015 Ph.D. Counseling Psychology (APA-Accredited)
University of Louisville, Louisville, Kentucky
- 2014-2015 Pre-Doctoral Intern, University Counseling Center (APA-Accredited)
The University of Utah, Salt Lake City, Utah
- 2013 M.Ed. Counseling Psychology
University of Louisville, Louisville, Kentucky
- 2010 B.S. Psychology, Minor in Sociology
Grand Valley State University, Allendale, Michigan

PROFESSIONAL APPOINTMENTS

- 2017-present Assistant Professor, Department of Counseling and Human Development
University of Louisville, Louisville, Kentucky
- 2015-2017 Postdoctoral Researcher
Stress, Behavioral Immunology and Health Disparities Lab
Institute for Behavioral Medicine Research
The Ohio State University Wexner Medical Center, Columbus, Ohio

PROFESSIONAL LICENSE

- 2019-present Psychologist, State of Kentucky (#251218)
- 2017-2019 Psychologist, State of Kentucky (Temporary, #174480)

AWARDS & HONORS

- 2023 Dorothy Booz Black Award for Outstanding Achievement in Counseling Health Psychology,
American Psychological Association Society of Counseling Psychology (Division 17)
- 2023 Student Champion, Student-Nominated Award, University of Louisville
- 2022 Outstanding Graduate Mentor Award, Student-Nominated Mentoring Award, Kentucky
Psychological Foundation
- 2021 Student Champion, Student-Nominated Award, University of Louisville
- 2021 Outstanding Graduate Mentor Award, Student-Nominated Mentoring Award, Kentucky
Psychological Foundation
- 2021-2022 Delphi Center for Teaching and Learning Faculty Favorite, Student-Nominated Teaching
Award, University of Louisville
- 2020 Researcher of the Year, Kentucky Psychological Foundation
- 2019-2020 Delphi Center for Teaching and Learning Faculty Favorite, Student-Nominated Teaching

- Award, University of Louisville
- 2018 Institute for Academic Feminist Psychologists Scholar, Committee on Academic Feminist Psychology, Sponsored by the American Psychological Association (APA) Society for Psychology of Women
- 2017-2018 Delphi Center for Teaching and Learning Faculty Favorite, Student-Nominated Teaching Award, University of Louisville
- 2017 Commonwealth Scholar, Commonwealth Institute of Kentucky (CIK), School of Public Health and Information Sciences, University of Louisville
- 2017 PNIRS Trainee Scholar, Psychoneuroimmunology Research Society Annual Meeting
- 2016 APA Achievement Award for Early Career Psychologists, Committee on Early Career Psychologists, American Psychological Association
- 2016 Oral Presentation Award, Institute for Behavioral Medicine Research Day, The Ohio State University Wexner Medical Center
- 2016 Young Investigator Colloquium Scholar, American Psychosomatic Society
- 2015 Outstanding Graduate Award, College of Education and Human Development, University of Louisville
- 2015 Outstanding Student in Counseling Psychology Award, Department of Counseling and Human Development, University of Louisville
- 2014 Intern Outreach Award, The University of Utah Counseling Center
- 2010 Psychology Student of the Year, Grand Valley State University

PEER-REVIEWED PUBLICATIONS

*graduate student; †shared first authorship

36. Mitchell, A. M., *Heitz, H., *Leach, S. M., & *Berghuis, K. B. (2023). Material circumstances, health care access, and self-reported health: A latent class analysis. *Journal of Health Psychology*, 28(7), 675-689. 10.1177/13591053221132899 [2021 IF: 3.789]
35. Strahm, A. M., Mitchell, A. M., Pan, X., & Christian, L. M. (2022). Repetitive negative thinking during pregnancy and postpartum: Associations with mental health, inflammation, and breastfeeding. *Journal of Affective Disorders*, 319, 497-506. 10.1016/j.jad.2022.09.067 [2021 IF: 6.533]
34. Kowalsky, J. M., Mitchell, A. M., & Okdie, B. M. (2022). Maintaining distance and avoiding going out during the COVID-19 pandemic: A longitudinal examination of an integrated social cognition model. *Psychology & Health*. Advance online publication. <https://doi.org/10.1080/08870446.2021.2023746> [2021 IF: 3.358]
33. *Heitz, H., & Mitchell, A. M. (2022). Subjective Social Status and mental health outcomes: The role of mindfulness. *Journal of Prevention and Health Promotion*, 3(4), 445-467. <https://doi.org/10.1177/26320770221087248> [2021 IF: N/A; APA Div17 and APA Div17 Prevention Section journal]
32. Mitchell, A. M., *Seely, H. D., & Pössel, P. (2022). Intersections of health, economic, and social concerns during the COVID-19 pandemic in the United States: Associations with mental health. *International*

Perspectives in Psychology: Research, Practice, Consultation, 11(3), 178-187.
<https://doi.org/10.1027/2157-3891/a000044> [2021 IF: N/A; APA Div52 journal]

31. †Mitchell, A. M., †Kowalsky, J. M., Belury, M. A., Cole, R. M., & Christian, L. M. (2022). Perceived social support predicts self-reported health behaviors and objective health indicators among pregnant women. *Journal of Behavioral Medicine*, 45, 589-602. <https://doi.org/10.1007/s10865-022-00306-5> [2021 IF: 3.470]
30. Mitchell, A. M., & Raque, T. L. (2022). Addressing health in psychotherapy: Future directions from a community wellness lens. *Psychotherapy*, 59(2), 296-301. [10.1037/pst0000444](https://doi.org/10.1037/pst0000444) [2021 IF: 3.218]
29. Raque, T. L., & Mitchell, A. M. (2022). Addressing health in psychotherapy from a community wellness framework: Introduction to the special section. *Psychotherapy*, 59(2), 181-187. <https://doi.org/10.1037/pst0000436> [2021 IF: 3.218]
28. Pössel, P., Mitchell, A. M., & Harbison, B., Fernández-Bostrán, G. R. (2022). Association of cancer caregiver stress and negative attribution style with depressive symptoms and cortisol: A cross-sectional study. *Supportive Care in Cancer*, 30, 4945-4952. [10.1007/s00520-022-06866-1](https://doi.org/10.1007/s00520-022-06866-1) [2021 IF: 3.359]
27. Raque-Bogdan, T. L., Mitchell, A. M., Coleman, M. N., Coleman, J. J., & Owen, J. (2021). Addressing racial equity in health psychology research: An application of the multicultural orientation framework. *American Psychologist*, 76(8), 1266-1279. [10.1037/amp0000888](https://doi.org/10.1037/amp0000888) [2021 IF: 16.358]
26. *Leach, S. M., Mitchell, A. M., Salmon, P., & Sephton, S. E. (2021). Mindfulness, self-reported health, and cortisol: A latent profile analysis. *Journal of Health Psychology*, 26(14), 2719-2729. <https://doi.org/10.1177/1359105320931184> [2021 IF: 3.789]
25. King, K. M., Gonzalez, G. B., & Mitchell, A. M. (2021). Strategies for implementing mindfulness and mindful eating into health & fitness professionals' practice. *ACSM's Health & Fitness Journal*, 25(2), 43-47. [10.1249/FIT.0000000000000649](https://doi.org/10.1249/FIT.0000000000000649) [2021 IF: 1.130]
24. Pössel, P., Mitchell, A. M., & Harbison, B., Fernández-Bostrán, G. R. (2019). Repetitive negative thinking, depressive symptoms, and cortisol in cancer caregivers and noncaregivers. *Oncology Nursing Forum*, 46(6), E202-E210. [2019 IF: 1.728]
23. Mitchell, A. M., & Christian, L. M. (2019). Repetitive negative thinking, meaning in life, and serum cytokine levels in pregnant women: Varying effects by socioeconomic status. *Journal of Behavioral Medicine*, 42(5), 960-972. [10.1007/s10865-019-00023-6](https://doi.org/10.1007/s10865-019-00023-6). [2019 IF: 2.988]
22. *Ritchie-Ewing, G. T., Mitchell, A. M., & Christian, L. M. (2019). Associations of maternal beliefs and distress in pregnancy and postpartum with breastfeeding initiation and early cessation. *Journal of Human Lactation*, 35(1), 49-58. [10.1177/0890334418767832](https://doi.org/10.1177/0890334418767832) [2019 IF: 2.205]
21. Gillespie, S. L., Mitchell, A. M., Kowalsky, J. M., & Christian, L. M. (2018). Maternal parity and perinatal cortisol adaptation: Effects of pregnancy-specific distress and implications for postpartum mood. *Psychoneuroendocrinology*, 97, 86-93. [10.1016/j.psyneuen.2018.07.008](https://doi.org/10.1016/j.psyneuen.2018.07.008) [2018 IF: 4.013]
20. Christian, L. M., Kowalsky, J. M., Mitchell, A. M., & Porter, K. (2018). Associations of postpartum sleep, stress, and depressive symptoms with LPS-stimulated cytokine production among African American and White women. *Journal of Neuroimmunology*, 316, 98-106. [10.1016/j.jneuroim.2017.12.020](https://doi.org/10.1016/j.jneuroim.2017.12.020) [2018 IF: 2.832]
19. Mitchell, A. M., Porter, K., & Christian, L. M. (2018). Examination of the role of obesity in the association between childhood trauma and inflammation during pregnancy. *Health Psychology*, 37(2), 114-124. [10.1037/hea0000559](https://doi.org/10.1037/hea0000559) [2018 IF: 3.530]

18. Mitchell, A. M., Kowalsky, J. M., Epel, E. S., Lin, J., & Christian, L. M. (2018). Childhood adversity, social support, and telomere length among perinatal women. *Psychoneuroendocrinology*, *87*, 43-52. 10.1016/j.psyneuen.2017.10.003 [2018 IF: 4.013]
17. Christian, L. M., Beverly, C., Mitchell, A. M., Karlsson, E., Porter, K., Schultz-Cherry, S., & Ramilo, O. (2017). Effects of prior influenza virus vaccination on maternal antibody responses and cord blood antibody titers. *Vaccine*, *35*(39), 5283-5290. 10.1016/j.vaccine.2017.05.050 [2017 IF: 3.285]
16. Christian, L. M., Young, A. S., Mitchell, A. M., Belury, M. A., Gracious, B. L., Arnold, L. E., & Fristad, M. A. (2017). Body weight affects ω -3 polyunsaturated fatty acid (PUFA) accumulation in youth following supplementation in post-hoc analyses of a randomized controlled trial. *PLoS One*, *12*, e0173087. 10.1371/journal.pone.0173087 [2017 IF: 2.766]
15. Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W. W. (2017). Associations of depression status and hopelessness with blood pressure: A 24-year follow-up study. *Psychology, Health & Medicine*, *22*(7), 761-771. 10.1080/13548506.2017.1281977 [2017 IF: 1.589]
14. Mitchell, A. M., & Pössel, P. (2017). Repetitive negative thinking: The link between caregiver burden and depressive symptoms. *Oncology Nursing Forum*, *44*(2), 210-216. 10.1188/17.ONF.210-216 [2017 IF: 1.785]
13. Mitchell, A. M., & Christian, L. M. (2017). Financial strain to birth weight: The mediating role of psychological distress. *Archives of Women's Mental Health*, *20*, 201-208. 10.1007/s00737-016-0696-3 [2017 IF: 2.565]
12. Mitchell, A. M., Palettas, M., & Christian, L. M. (2017). Fetal sex is associated with maternal stimulated cytokine production, but not serum cytokine levels, in human pregnancy. *Brain, Behavior, and Immunity*, *60*, 32-37. 10.1016/j.bbi.2016.06.015 [2017 IF: 6.306]
11. Carpenter, B. W., Bukoski, B. E., Berry, M., & Mitchell, A. M. (2017). Examining the social justice identity of assistant principals in persistently low-achieving schools. *Urban Education*, *52*, 287-315. <https://doi.org/10.1177/0042085915574529> [2017 IF: 2.100]
10. Mitchell, A. M., Pössel, P., Van Voorhees, B. W., & Eaton, W. W. (2017). Associations of depression status and hopelessness with breast cancer: A 24 year follow-up study. *Journal of Health Psychology*, *22*(10), 1322-1331. 10.1177/1359105315626998 [2017 IF: 2.039]
9. Christian, L. M., Mitchell, A. M., Gillespie, S. L., & Palettas, M. (2016). Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight. *Psychoneuroendocrinology*, *74*, 69-76. 10.1016/j.psyneuen.2016.08.025 [2016 IF: 4.788]
8. Lantz, M. M., Fix, R. L., Davis, B. L., Harrison, L. N., Oliver, A., Crowell, C., Mitchell, A. M., & Garcia, J. J. (2016). Grad students talk: Development and process of a student-led social justice initiative. *Journal of Diversity in Higher Education*, *9*(3), 290-306. <https://doi.org/10.1037/dhe000033> [2016 IF: 1.029]
7. Pössel, P., Mitchell, A. M., Sjögren, E., & Kristenson, M (2015). Do depressive symptoms mediate the relationship between hopelessness and diurnal cortisol rhythm? *International Journal of Behavioral Medicine*, *22*, 251-257. 10.1007/s12529-014-9422-6 [2015 IF: 1.872]
6. Pössel, P., Mitchell, A. M., Ronkainen, K., Kaplan, G. A., Kauhanen, J., & Valtonen, M. (2015). Do depressive symptoms predict the incidence of myocardial infarction independent of hopelessness? *Journal of Health Psychology*, *20*(1), 60-68. <https://doi.org/10.1177/1359105313498109> [2015 IF: 2.010]

5. Mitchell, A.M., Owen, J., Adelson, J., France, T., Inch, L., & Bergen, C. (2015). The influence of dyadic coping in relationship education for lower income racial/ethnic minority couples. *Journal of Family Therapy*, 37, 492-508. <https://doi.org/10.1111/1467-6427.12057> [2015 IF: 1.434]
4. Mitchell, A. M., Pössel, P., Sjögren, E., & Kristenson M. (2013). Hopelessness the “active ingredient”? Associations of hopelessness and depressive symptoms with interleukin-6. *International Journal of Psychiatry in Medicine*, 46, 109-117. <https://doi.org/10.2190/PM.46.1.g> [2013 IF: 0.805]
3. Hochbein, C. D., Mitchell, A. M., Pollio, M. (2013). Gamed by the system: Adequate yearly progress as an indicator of persistently low-achieving school performance. *NASSP Bulletin*, 97, 270-289. <https://doi.org/10.1177/0192636513479139> [2013 IF: N/A]
2. Mitchell, A. M., & Pössel, P. (2012). Frontal brain activity pattern predicts depression in adolescent boys. *Biological Psychology*, 89(2), 525-527. <https://doi.org/10.1016/j.biopsycho.2011.12.008> [2012 IF: 3.399]
1. Henderson-King, D., & Mitchell, A. M. (2011). Materialism, intrinsic aspirations, and meaning in life predict students’ meanings of education. *Social Psychology of Education*, 14(1), 119-134. 10.1007/s11218-010-9133-z [2011 IF: N/A; 2012 IF: 0.641]

EDITED ENCYCLOPEDIA ENTRIES

2. Mitchell, A. M., & Davids, C. M. (2019). White privilege in couple and family therapy. In J Lebow, A. Chambers, D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. (pp. 1-5). Cham, Switzerland: Springer International Publishing.
1. Davids, C. M., & Mitchell, A. M. (2019). Intersectionality in couple and family therapy. In J Lebow, A. Chambers, D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. (pp. 1-6). Cham, Switzerland: Springer International Publishing.

OTHER PUBLICATIONS

3. Untied, A. & Mitchell, A. M. (2017, March, 24). Managing Hot Topics in Therapy [Ohio Psychological Association Committee on Social Responsibility blog post]. Retrieved from <http://opapic.blogspot.com/2017/03/managing-hot-topics-in-therapy.html>
2. Mitchell, A. M. (2017, February, 20). Did You Know? Word Day of Social Justice is February 20 [Ohio Psychological Association Committee on Social Responsibility Did You Know Article Series]. Retrieved from <http://ohpsych.site-ym.com/news/332615/Did-You-Know...-World-Day-of-Social-Justice-is-February-20.htm>
1. Mitchell, A. M. (2016, November, 10). Did You Know? Maternal Depression And Coping [Ohio Psychological Association Committee on Social Responsibility blog post]. Retrieved from <http://opapic.blogspot.com/2016/11/did-you-know-maternal-depression-and.html>

UNDER REVISION OR REVIEW

*graduate student

3. *Cahoon, M., Therapists for Protester Wellness, Inc., & Mitchell, A. M. (under revision). Healing through grassroots activism: Therapists for Protester Wellness.
2. *Goktan, A.J., Mitchell, A.M., Quirk, K., & Immekus, J.C. (under revision). Emerging adults’ financial stress and self-rated health: Meaning in life as a moderator.

1. Kowalsky, J. M., Mitchell, A. M., & Okdie, B. M. (under review). Co-rumination and intrapersonal cognitive processes predict distress: Longitudinal evidence from the COVID-19 pandemic.

PRESENTATIONS

*graduate student; **undergraduate student

37. **Roth, M. C., **Baral, S., *Goktan, A. J., Mitchell, A. M., & Kowalsky, J. M. (2023, August 3). *Evaluating the effects of self-compassion and stress on sleep among college students* [Poster presentation at the Division 17 Social Hour]. American Psychological Association Annual Meeting, Washington, DC.
36. *Goktan, A.J., *Heitz, H.K., Hartson, K.R., Mitchell, A.M., Pössel, P., & Fernández-Bostrán, G.R. (2023, August 3). *Associations among intermediary health determinants, self-rated health, and proinflammatory cytokines in young adults: Preliminary analyses* [Poster presentation at the Division 17 Social Hour]. American Psychological Association Annual Meeting, Washington, DC.
35. **Clark, P., Wince, C., Barnhart, W. R., Buelow, M. T., *Goktan, A., & Mitchell, A.M. (2023, August 3). *Use of decision-making strategies on the Iowa gambling task varies by self-reported biological sex* [Poster presentation at the Division 17 Social Hour]. American Psychological Association Annual Meeting, Washington, DC.
34. *Culp, H., *Ernspiker, C., *Heitz, H., & Mitchell, A. M. (2022, March 26). *Then and now: A restructuring of occupational categories and their relationship with life satisfaction* [Poster presentation]. 2022 Kentucky Psychological Science Conference, Bellarmine University, Louisville, KY.
33. *Goktan, A., Mitchell, A. M., & Quirk, K. (2022, March 26). *Emerging adults' financial stress and mental and physical health: Meaning in life as a moderator* [Poster presentation]. 2022 Kentucky Psychological Science Conference, Bellarmine University, Louisville, KY. Goktan awarded the Paul Hager Graduate Research Award at this conference for this research project.
32. Strahm, A.M., Mitchell, A. M., Pan, X., & Christian, L.M. (March, 2022). *Repetitive negative thinking during late pregnancy through a year postpartum: Associations with mental health, inflammation and breastfeeding* [Poster presentation]. American Psychosomatic Society Annual Meeting, Long Beach, CA.
31. Mitchell, A. M., *Zhong, J., *Heitz, H., *Chin, S., & McCubbin, L. D. (2021, November). *Getting comfortable with social class in psychotherapy* [Continuing education (1.5 CE) oral presentation]. Annual Convention of the Kentucky Psychological Association, Virtual.
30. Mitchell, A. M., & *Cahoon, M. (2021, August). Applying the Multicultural Orientation in counseling health psychology research. In T. Raque. (Chair), *Integrating Multicultural Orientation into counseling health psychology: Downstream to upstream* [Symposium]. Annual Meeting of the American Psychological Association, Virtual.
29. *Heitz, H., **Friend, C., Mitchell, A. M., Okdie, B. & Kowalsky, J. (2021, April). *Motivations for preventive health behavior use during the COVID- 19 pandemic: For me, for you, following rules, and fear* [Poster presentation]. Society of Behavioral Medicine 42nd Annual Meeting & Scientific Sessions, Virtual.
28. Raque-Bogdan, T., & Mitchell, A. M. (2020, April). *Intersectionality in counseling psychology health research: Exploring how to actualize our social justice values in research designs* [Roundtable presentation]. Counseling Psychology Conference, New Orleans, LA. (Conference canceled)
27. Mitchell, A. M., *Leach, S. M., *Heitz, H., & *Berghuis, K. J. (2020, March). *Economic resources, health care access, and self-reported health: A latent class analysis* [Poster presentation]. 77th Annual Meeting of the American Psychosomatic Society (APS), Long Beach, LA. (Conference canceled).

26. *Heitz, H., & Mitchell, A. M. (2020, February). *SES and positive mental health outcomes: The role of mindfulness* [Poster presentation]. 13th Annual Graduate Student Regional Research Conference (GSRRC), University of Louisville, Louisville, KY.
25. Mitchell, A. M., Alt, M., & McAndrew, L. M. (2019, August). *Making the move into counseling health psychology: Early career practice from internship and postdoc* [Roundtable presentation at the Division 17 Section Roundtable]. 127th Annual American Psychological Association Convention, Chicago, IL.
24. Mitchell, A. M. (2018, June). *Socioeconomic position and health* [Poster presentation]. 3rd Institute for Academic Feminist Psychologists, Miami, FL.
23. Mitchell, A. M., Salmon, P., & Sephton, S. (2018, March). *Differential associations among facets of dispositional mindfulness with self-reported mental and physical health* [Paper presentation]. 76th Annual Meeting of the American Psychosomatic Society (APS), Louisville, KY.
22. Mitchell, A. M., & Christian, L. M. (2017, June). *Psychological factors moderate the link between SES and inflammatory markers in pregnant women* [Poster presentation]. 24th Annual Meeting of the PsychoNeuroImmunology Research Society (PNIRS), Galveston, TX.
21. Mitchell, A. M., Kowalsky, J. M., Epel, E. S., Lin, J., & Christian, L. M. (2017, April). *Childhood adversity, social support, and telomere length among perinatal women* [Oral presentation]. 10th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
20. Roane, S.J., Pössel, P., & Mitchell, A. M. (2016, August). *Depression in family caregivers of cancer patients* [Poster presentation]. 124th Annual American Psychological Association Convention, Denver, CO.
19. Mitchell, A. M., Palettas, M. & Christian, L. M. (2016, June). *Fetal sex is associated with maternal stimulated cytokine production, but not serum cytokine levels, in human pregnancy* [Poster presentation]. 23rd Annual Meeting of the PsychoNeuroImmunology Research Society (PNIRS), Brighton, United Kingdom.
18. Beverly, C.M., Mitchell, A. M., & Christian, L. M. (2016, April). *Effects of prior vaccination on influenza vaccine immunogenicity in pregnant women and antibody transfer to neonates* [Poster presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
17. Mitchell, A.M., Gillespie, S.L., Palettas, M., & Christian, L. M. (2016, April). *Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight* [Oral presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
16. Ritchie-Ewing, G., Mitchell, A. M., & Christian, L. M. (2016, April). *Predicting breastfeeding duration with breastfeeding beliefs, breastfeeding intention, and maternal distress during pregnancy* [Poster presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
15. Saleska, J.L., Mitchell, A.M., & Christian, L.M. (2016, April). *Socioeconomic mobility, race, and depressive symptoms in pregnancy* [Poster presentation]. 9th Annual Research Day of The Ohio State University Institute for Behavioral Medicine Research (IBMR), Columbus, OH.
14. Christian, L.M., Mitchell, A. M., Gillespie, S. L., & Palettas, M. (2016, March). *Serum brain-derived neurotrophic factor (BDNF) across pregnancy and postpartum: Associations with race, depressive symptoms, and low birth weight* [Poster presentation]. 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, Colorado.

13. Christian, L. M., Mitchell, A. M., & Porter, K. (2016, March). *Poor sleep quality and parenting stress predict enhanced LPS-stimulated cytokine production among women during postpartum* [Oral presentation]. 74th Annual Scientific Meeting of the American Psychosomatic Society, Denver, Colorado.
12. Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W.W. (2015, November). *Hypertension's association with cognitive risk factors for depression* [Poster presentation]. 49th Annual Association for Cognitive and Behavioral Therapies Convention, Chicago, IL.
11. Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W.W. (2015, August). *The relationships among hopelessness, depressive symptoms, and blood pressure* [Poster presentation]. 123rd Annual American Psychological Association Convention, Toronto, Canada.
10. Roane, S.J., Pössel, P., Mitchell, A. M., & Eaton, W.W. (2015, March). *Depressive symptoms as a mediator of the relationship between hopelessness and blood pressure* [Poster presentation]. 28th Annual Great Lakes Regional Counseling Psychology Conference, Muncie, IN.
9. Mitchell, A.M., Owen, J., & Adelson, J. (2013, June). *Family stress model and relationship education: The importance of racial/ethnic minority couples' dyadic coping* [Poster presentation]. 6th International Meeting on Stress & Dyadic Coping, Couples Coping with Cancer-Related Stress: Translating Research to Practice, Louisville, Kentucky.
8. Mitchell, A. M., & Pössel, P. (2012, January). *Frontal brain activity pattern predicts depression in adolescent boys* [Oral presentation]. Fun Friday Research Colloquium at the University of Louisville, Louisville, Kentucky.
7. Hochbein, C. D., Mitchell, A. M., Pollio, M. (2011, November). *Gaming the system: AYP as an indicator of persistently low-achieving school performance* [Oral presentation]. 25th Annual University Council for Educational Administration Conference, Pittsburgh, Pennsylvania.
6. Mitchell, A. M. (2011, March). *EEG asymmetry pattern in adolescent boys as risk factor for depression* [Oral presentation]. KPA Foundation Spring Academic Conference, Frankfort, Kentucky.
5. Hochbein, C., & Mitchell, A. M. (2010, November). *Principal change, accountability, and school achievement* [Brownbag roundtable discussion]. University of Louisville, Louisville, Kentucky.
4. Mitchell, A. M., Kielbasa, R., VanDyke, E., & Henderson-King, D. (2010, May). *Need for cognition and religiosity predict students' meanings of education* [Poster presentation]. 82nd Annual Midwestern Psychological Association Conference, Chicago, Illinois.
3. Henderson-King, D., & Mitchell, A. M. (2010, May). *Materialism, intrinsic aspirations, and meaning in life predict students' meanings of education* [Poster presentation]. 82nd Annual Midwestern Psychological Association Conference, Chicago, Illinois and Student Scholarship Day at Grand Valley State University, Allendale, Michigan.
2. Henderson-King, D., Schenk, S., & Mitchell, A. M. (2009, May). *Predicting cosmetic surgery attitudes among college women* [Poster presentation]. 81st Annual Midwestern Psychological Association Conference, Chicago, Illinois and Student Scholarship Day at Grand Valley State University, Allendale, Michigan.
1. Mitchell, A. M., & Vesey, R. (2008, April). *Do aspects of the self predict cosmetic surgery attitudes?* [Poster presentation]. Student Scholarship Day at Grand Valley State University, Allendale, Michigan.

INVITED PRESENTATIONS

5. Mitchell, A. M. (2022, October). *Approaching socioeconomic health inequities from a place of cultural humility*. [Continuing education (2 CE) presentation]. Louisville VA Medical Center, Louisville, KY.
4. Mitchell, A. M. (2020, September). *Socioeconomic inequities in health: Implications for health providers*. [Continuing education (2 CE) presentation]. Louisville VA Medical Center, Louisville, KY.
3. Mitchell, A. M. (2018, October). *Psychoneuroimmunology research*. [Presentation]. Fall 2018 Research Meeting of the Commonwealth Institute of Kentucky School of Public Health and Information Sciences, Louisville, KY.
2. Mitchell, A.M. (2014, November). *Intersecting identities*. [Panel facilitator]. Strategies for College Success course at the University of Utah, Salt Lake City, UT.
1. Mitchell, A. M. (2014, April). *Understanding the caregiving experience: Current research*. [Presentation]. Health Psychology course at Bellarmine University, Louisville, KY.

FUNDED RESEARCH GRANTS

2023-2024	University of Louisville College of Education and Human Development (CEHD) Research and Faculty Development Grants (Amanda M Mitchell, PI) <i>Addressing health disparities in a cardiology clinic: A community-academic partnership and mixed methods needs assessment</i> Total award: \$6,400
2018-2019	University of Louisville College of Education and Human Development (CEHD) Research and Faculty Development Grants (Amanda M Mitchell, PI) <i>Childhood socioeconomic position and physical health: The role of intrapersonal factors</i> Total award: \$1,740
2017-2018	Colorado State University Prevention Research Center (Kelley Quirk, PI) <i>Couple conflict: Implications for partners' and children's health</i> Total award: \$30,000 Role: Collaborator

FUNDED PROFESSIONAL DEVELOPMENT GRANTS

*graduate student

2019	University of Louisville Commission on Diversity and Racial Equality (CODRE) Diversity Programming Committee (Amanda M Mitchell, *Maame-Safowaa Geary, *Tianhong Yao) <i>I am Psyched! @ the University of Louisville</i> Total award: \$500
2019	University of Louisville Commission on the Status for Women (COSW) Group Sponsorship Application (Amanda M Mitchell, *Maame-Safowaa Geary, *Tianhong Yao) <i>I am Psyched! @ the University of Louisville</i> Total award: \$500
2018	University of Louisville Small Grant Development Program (Amanda M Mitchell, PI) <i>Participation in the 2018 Institute for Academic Feminist Psychologists</i> Total award: \$469

TEACHING

University of Louisville

ECPY 302: Seminar on Personal and Academic Inquiry (Collaborative Teaching Team)
 ECPY 363: Culture, Social Justice, and Advocacy
 ECPY 619: Empirical and Theoretical Foundations of Counseling and Psychotherapy
 ECPY 648: Individual Psychological Assessment I: Cognitive Assessment
 ECPY 649: Individual Psychological Assessment II: Personality and Social-Emotional Assessment
 ECPY 629: Theories and Techniques of Counseling and Psychotherapy
 ECPY 722: Advanced Theories of Counseling and Psychotherapy (Special Topic: Critical Health Psychology)
 ECPY 780: Advanced Practicum in Counseling
 ECPY 793: Independent Seminar: Assessment
 ECPY 700: Independent Seminar: Research

University of Utah

EDPS 3010: Introduction to Multicultural Issues (Co-Instructor)

CLINICAL AND SUPERVISION EXPERIENCE

08/23-present	Clinical Supervisor, University of Louisville Cardinal Success Program, Louisville, KY
05/22-present	Licensed Psychologist, University of Louisville Cardinal Success Program, Louisville, KY
08/17-08/20	Clinical Supervisor, University of Louisville Cardinal Success Program, Louisville, KY
08/18-05/19	Clinical Supervisor, University of Louisville Trager Institute (formerly the Institute for Sustainable Health & Optimal Aging), Louisville, KY
08/14-07/15	Pre-Doctoral Intern, University of Utah Counseling Center, Salt Lake City, UT
08/13-05/14	Graduate Assistant Outreach Coordinator University of Louisville Counseling Center, Louisville, KY
08/13-05/14	Counseling Psychology Intern, Indiana University Southeast Counseling Center, New Albany, IN
01/13-08/13	Counseling Psychology Intern, The Brook Hospital – KMI, Louisville, KY
08/12-01/13	Counseling Psychology & Assessment Intern, Weisskopf Child Evaluation Center, Louisville, KY
05/12-08/12	Assessment Intern, Maloney Center, Louisville, KY
08/11-05/12	Counseling Psychology Intern, University of Louisville Counseling Center, Louisville, KY

SERVICE

08/22-present	Chair for Health Psychology Section, Society of Counseling Psychology, American Psychological Association Division 17
11/21-08/22	Member of the Assessment Curriculum and Praxis Group, Curriculum and Praxis Initiative, Created by APA Division 17 President Dr. Amy Reynolds, Society of Counseling Psychology, American Psychological Association Division 17

- 08/20-10/20 Member of Search Committee for Mental Health and Wellness Coordinator, College of Education & Human Development, University of Louisville
- 08/20-08/22 Chair-Elect for Health Psychology Section, Society of Counseling Psychology, American Psychological Association Division 17
- 07/20-06/22 Guest co-editor for special section on health in *Psychotherapy* journal
- 08/19-08/20 Member of Social Justice Leadership Special Task Group, Created by APA Division 17 President Dr. Anneliese Singh, Society of Counseling Psychology, American Psychological Association Division 17
- 11/19-05/21 Member of Search Committee for tenure-track Open Rank position in Quantitative Methodology, College of Education & Human Development, University of Louisville
- 11/19-03/20 Member of Search Committee for tenure-track Assistant Professor, Educational Psychology, Measurement, and Evaluation, University of Louisville
- 08/18-present Member of Standards and Admissions Committee, College of Education and Human Development, University of Louisville
- 08/18-08/20 Member of Hospitality Committee, Society of Counseling Psychology, American Psychological Association Division 17
- 10/18-08/20 Webmaster for Health Psychology Section, Society of Counseling Psychology, American Psychological Association Division 17
- 01/18-04/19 Co-Chair of the 2019 Great Lakes Regional Counseling Psychology Conference, University of Louisville
- 11/18-02/19 Member of Search Committee for Postdoctoral Associate Position, Cardinal Success Program, University of Louisville
- 09/15-06/17 Member of the Committee on Social Responsibility, Ohio Psychological Association
- 08/16-08/17 Co-Facilitator of Diversity Journal Club, The Ohio State University Wexner Medical Center
- 08/14-07/15 Member of the Outreach Coalition Committee, University of Utah Counseling Center
- 08/14-02/15 Member of Selection Committee for Incoming Pre-Doctoral Interns, University of Utah Counseling Center
- 08/13-06/15 Regional Advocacy Coordinator: Northeast Region, American Psychological Association of Graduate Students Advocacy Coordinating Team
- 08/12-08/13 American Psychological Association of Graduate Students Liaison (as defined by KPA) for the KPA Board of Directors, Kentucky Psychological Association (KPA)
- 08/12-08/13 State Advocacy Coordinator: Kentucky, American Psychological Association of Graduate Students Advocacy Coordinating Team
- 08/11-07/12 Campus Representative: University of Louisville, American Psychological Association of Graduate Students Advocacy Coordinating Team

AD HOC REVIEWER: JOURNALS

Archives of Women's Mental Health
Biological Psychology
Biological Research for Nursing
Brain, Behavior, and Immunity
Clinical Journal of Oncology Nursing
Health Psychology
International Journal of Behavioral Medicine
Journal of Behavioral Medicine
Journal of Health Psychology

Journal of the Academy of Nutrition and Dietetics
Physiology & Behavior
Psychological Medicine
Psychology, Health & Medicine
Psychoneuroendocrinology
Psychotherapy
The Counseling Psychologist
The International Journal of Psychiatry in Medicine
Women's Health Issues

AD HOC REVIEWER: GRANTS

American Heart Association

PROFESSIONAL AFFILITATIONS

American Psychological Association, Divisions 17 & 38
American Psychosomatic Society